

In Our Own Voice: Older Adults and Mental Illness
Speaker List



Cynthia Scott is a tireless mental health advocate and community educator who has been a part of the National Alliance on Mental Illness of New York City for over a decade. In 2005, after denying her illness for many years, Ms. Scott came to NAMI and completed NAMI's Peer to Peer course, an intensive learning program for people interested in establishing and maintaining wellness and recovery. Since then she has become a mentor for the Peer to Peer program and a Peer to Peer state trainer, as well as a state trainer for the In Our Own Voice presentation program. She also teaches classes for family members, such as Family to Family and Hope for Recovery, and presents on mental illness in hospitals, colleges, and middle and high schools throughout New York City. She often says that she has found her passion and calling in life through the work she does on mental health.



Glenn Speer grew up in Montclair, New Jersey and works in journalism and publishing. He received a Ph.D. in History from the City University of New York Graduate Center and taught History aboard a US Navy aircraft carrier somewhere out on the Mediterranean. For fun, he volunteers as an usher for plays both on and off-Broadway. But his claim to fame is that he worked for the Guinness World Records Book—he likes to say that while he is not in Guinness, his writing is...